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# Users say feds blowing smoke with new marijuana system

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ALGERIA OUTFOXES SOUTH KÖREA



John, a Calgary cancer survivor and marijuana user, is seen with his supply of the drug. He said the general consensus is that marijuana being commercially grown and shipped around Canada is "garbage" compared to what he'd hoped to grow in his own backyard greenhouse. BRYAN WEISMILLER/METRO

#### New pot regime.

Order marijuana, don't grow it: Health Canada



**JEREMY** NOLAIS

Few suppliers, shipping dangers and a lack of willing doctors are among the concerns being listed off by Calgary marijuana users who say they're being greatly pained by holes in a new federal system for supplying the controversial drug.

Health Canada aimed to criminalize home marijuana grows by April 1, but a court injunction has prevented such measures from being fully implemented for the time being. Even still, many Calgary marijuana users say they've trashed their plants and a handful of entrepreneurs have pressed ahead with plans to establish commercial growing facilities in rural Alberta areas.

The federal health body

does maintain a list of approved marijuana suppliers, but none have successfully opened in Alberta to date.

As a result, 20-year-old south Calgary resident Bob, whom Metro agreed not to formally identify, is forced to order 8-9 grams per month from Vancouver-based supplier Med Pot Now and then buy an additional supply off the street.

He suffered a stroke last September and spent 10 months just trying to find a doctor that would approve a marijuana prescription.

"They were prescribing me OxyContin, Percocet and all these other drugs so quick," he said. "Then, when it comes to marijuana, they're all beating around the bush."

Critics fear it may become even more difficult to find a pot-friendly doctor after Health Canada announced earlier this month it hopes to gather records from marijuana distributors so it can actively track where users are getting approval to enter the drug program.

Bob also conceded there's 'something fishy" about ordering in marijuana from the west coast to his Calgary abode. He said Alberta dispensaries would certainly make the process smoother.

But some users say the commercial product lacks a certain quality and personal touch.

"It's kind of a joke," said cancer survivor and Calgary resident John, who routinely smokes marijuana.

John had hoped to erect a greenhouse to grow his previously approved marijuana allotment in the backyard of his northwest Calgary home, but abandoned those plans - and his plants - ahead of anticipated April 1 changes. Now, he keeps one meagre pot plant on a window sill at home and buys the drug off the street for \$200 an ounce.

"It's killing me," he said of the cost. "I'm an old man. I don't know how much longer I have left on this planet, but I don't need to be fighting just to not be in pain.'







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#### Making it add up

# Province aims to address parent concerns with math-curriculum changes

Alberta's education minister says wording in the provincial math curriculum will be altered over the summer to address concerns of parents who rallied on the steps of the legislature earlier this year.

The primary concern among the parents, led by small-town physician Nhung Tran-Davies, was a push towards "discovery math" — that is, teachers are to provide students with a variety of strategies to solve math problems rather than having them memorize basic rules as well as tried-and-true methods for solving problems.

But Minister Jeff Johnson

But Minister Jeff Johnson said the curriculum will be amended in time for the fall semester to make it "explicit" that memorization of the mathematics times tables is still expected and that instructors can teach the strategies for solving equations they believe are best suited to the student. Language will also be removed that some believe discourages rote learning, a memorization technique based on repetition.

Dased on repetition.

The changes were deemed a "step forward" by Tran-Davies, who spearheaded a petition and led a rally calling for change after her daughter became disillusioned with the way math was being taught to her. Trans-Davies said Sunday she appreciated the changes, though she would like to see "standard algorithms" added to more than just the curriculum's introduction.

JEREMY NOLAIS/METRO



Many homes in southern Alberta were in need of major renovations after being flooded last summer. Two contractors have been charged so far under stiffened rules aimed at protection consumers from shady husiness practices, weren our sources from the consumers from shady husiness practices, weren our sources from the consumers from shady husiness practices, weren our sources from the consumers from the consumer

# Two contractors face charges after 2013 flood

#### 'Remarkably small.'

Mayor says city saw relatively few complaints, even though many homes needed major renovations



ROBSON FLETCHER robson.fletcher@metronews.ca

Two Calgarians have been charged under Alberta's Fair Trading Act since the province stiffened the law last July to discourage "scam artists and fly-by-night operators" from taking advantage of flood victims.

There have been a total of 44 consumer complaints relating to the 2013 flood in southern Alberta under the revised law, according to Service Alberta spokesperson Lisa Elliott. Of those, 17 were investigated.

Five of the files are still open, Elliott added, and two cases resulted in charges that are before the courts.

In one case, Jerry Zvonko Troha of Stonebriar Crafted Homes Ltd. is charged with entering into a prepaid contract with a customer "without being the holder of a subsisting prepaid contractor's licence," according to court documents obtained by Metro.

Troha is also charged with failing to refund the customer within 15 days of the contract being cancelled.

In the other case, Sherman K. Chao of Five Star Renovations and Design is charged with entering into a prepaid contract without a licence, as well as doing or saying things that "reasonably mislead (sic) and deceived" a customer in High River.

Chao also faces criminal-

code charges of fraud and theft under \$5,000 in relation to that incident.

Mayor Naheed Nenshi said he found the number of complaints and charges "remarkably small, considering the scope of the damage" from last year's flood.

"That probably says a lot about Calgary — that people are dealing honestly and fairly," Nenshi said.

"I heard far, far, far more about companies and contractors and stores that were taking a financial loss in order to help people than about people who were profiteering"



metronews.ca
Monday, June 23, 2014

# Despite uproar, francophone school coming to Scenic Acres

**'No transparency'.** The school, to be built on the treasured park, is due to open in 2016



Construction of a northwest Calgary francophone school will go ahead as early as this fall despite hundreds of furious area residents turning out last month to voice opposition to the project.

The school, due to open in 2016 and accommodate 400 students, will be built on a treasured park in Scenic Acres; however, that land has long been designated a school site. The plot was previously owned by the Calgary Board of Education but transferred to the regional Francophone school board, Conseil Scolaire FrancoSud, in 2011.

Scenic Acres residents with

the Save Our Park Steering Committee made news of the school's approval public on a Facebook page Sunday. "The FrancoSud board provided no transparency in their decision process and did not consider the strong feedback they have received from our community," read a posting online.

The committee claims the CBE and Calgary Catholic School District collectively provided six other locations where the school could be developed outside of Scenic Acres. Committee members have not responded to repeated requests for an interview.

But trustee chair Anne-Marie Boucher said Sunday a major factor in deciding to keep the school on its original plot was timing. Her board hopes to move students from a deteriorating facility near Market Mall and also is seeing greater enrolment demand from the community.

"We understand the worries the people had but it was designated a school site ... we're confident that we can have a school and still keep much of the green space and then everybody will be able to enjoy the site," Boucher said.

In late May, more than 350 "pretty hostile" residents turned out to a meeting to voice displeasure with the school, according to area city Coun. Ward Sutherland.

Many residents have said they had no idea the green space, located along Scenic Acres Drive NW, was designated for a school until a prov-

#### Similar opposition

The CBE has also faced similar opposition to a site for special-needs students in the nearby Varsity community. In response, the public board has said it plans to publish a record of all potential future school sites.

incial announcement in February that gave the project the



#### You can do it, put your back into it

Brad Mastin, front, and Matt Podrasky, second from front, lead team Nexen IT in the finals of the third annual Plane Pull, hosted by the United Way of Calgary Area. The event saw 35 teams compete to see who could pull a 200,000-pound Airbus A300 down a runway the fastest. Nexen IT edged out the Van Houtte Grinders by just 0.02 seconds to take the title. The teams also raised more than \$78,000 for the United Way in the process. ROBSON FLETCHER/METRO

### Councillors at odds over city's debt-servicing limit

Calgary's self-imposed limit on debt servicing will "handcuff" the city as it grows over the next four years and the policy should be re-examined, according to a pair of city councillors.

Coun. Andre Chabot and Coun. Ward Sutherland want the city to look at temporarily suspending the limit, which caps debt payments at 28 per cent of gross revenue.

That's lower than the 35 per cent allowable under provincial law, Chabot said, and below what most banks consider to be a "reasonable" threshold of 36 per cent for private corporations, which tend to have less stable revenue than the city.

Chabot said Calgary has re-

cently taken on short-term debt to "cover off" pending provincial funding for infrastructure projects and, "as such, we've pushed ourselves to our limit our on our debt servicing, but not in a bad way."

He noted that the city is "rapidly" paying down principal on its debt — about \$660 million a year, on average, for

the next four years — and is "not even close" to its "maximum allowable debt" threshold.

Coun. Druh Farrell said she is "strongly opposed" to loosening the city's borrowing rules. Calgary went into "considerable debt" in the late 1980s, Farrell said, and then made a "real effort to start paying off the debt" in the 1990s, followed by a "deep review" of borrowing policy in the early 2000s that led to the current, self-imposed limits.

She also said the city doesn't need to lift the limits, as it has between \$400 and \$500 million in available debt capacity under the current policy in addition to roughly

\$200 million in the Fiscal Stability Reserve "if there are urgent issues that arise." ROBSON FLETCHER/METRO

#### Monday debate

The proposal is to be debated Monday at city council.

# Outreach: An evening in the life of DOAP Team

#### 'I want off the streets'.

The first names of some of the people in this story have been changed to protect their identities



ROBSON **FLETCHER** 

Mitchell is waiting at the corner when the van pulls up to greet him. "So what do you need?"

asks Laura O'Connor, an outreach worker. "Some 1-cc (syringes) and a

tie-off," he replies. As she rifles between the

van's front seats for the right kit, her partner Blake Thomas asks Mitchell if he's had any previous contact with harmreduction staff in the city.

"No, this is the first time," he replies. "We just started getting into needles."

Thomas, a veteran member of Alpha House Calgary's Downtown Outreach Addiction Partnership — better known as the DOAP Team better tells Mitchell "we're A-OK to call" for such requests but also recommends the Safeworks team, run by Alberta Health Services.

"They're great to talk to about use and safe practices, or if you guys have any questions about detox or any medical concerns," Thomas says.

Mitchell's eyes light up.

"Detox?" he says, his voice rising.

Sensing his interest, the team offers to take him to the Renfrew Centre first thing in the morning, if he's so inclined. He immediately agrees, hesitating only at the proposed

- The DOAP Team performed roughly 17,000 transports last year.
- The team's outreach workers also responded to about 2,200 calls on the "Bat Phone" from police and EMS workers looking for assistance in various situations.
- The team interacts with about 650 unique individuals per month, on average. Of those, only about half make use of the Alpha House shelter.
- The shelter has room for about 120 to 150 people at any given time on the "intox" floor and 40 people in the separate detox facility.

pick-up time of 5:30 a.m.

"Well you're going to have to buzz," he says. "But I'll go. I'm not changing my mind."

And then he's off, back to his apartment, clean needles

To Calgary Homeless Foundation CEO Diana Krecsy whom Metro accompanied on a ride-along with the DOAP Team last week - Mitchell is a "brilliant" example of why harm reduction works.

"He doesn't want to die, and he knows if he uses and shares needles, he's at risk for HIV ... but he knows he can't stop," she says. "And you saw him perk up when they said

Delivering the safe-injection kit was just one of dozens

From left: DOAP Team outreach worker Laura O'Connor, Calgary Homeless Foundation CEO Diana Krecsy, and team leader Blake Thomas in the Alpha House garage after spending an evening on city streets.  ${\tt ROBSON}$   ${\tt FLETCHER/METRO}$ during a rainy, Wednesdayin assisting "rough sleepers," evening shift. but had lost touch. He felt the Most of their time is spent team had abandoned him, but shuttling people to and from O'Connor and Thomas urge hospitals, from the streets to a

When not on a specific call - either on the published number or on the "Bat Phone" that directly links the team to police and emergency responders — Thomas and O'Connor

drive through downtown alleys, offering help to anyone they come across.

shelter, and between shelters.

They know most of the people by name, and they're almost universally greeted with a smile and a thank-you when they hand out bags of food, dry socks and personal hygiene

In one alley, they meet Steve, a client they know well but haven't seen for some time. He's wet, and he's angry.

Steve had been working with the Encampment arm of the DOAP team, who specialize

him to return to the same spot in the alley later in the week, to reconnect.

He agrees, his anger subsiding, when he hears that the Encampment workers have been actively looking for him.

"I want off the streets that's all I want," Steve says. "It's time for this old boy to get back to work."

As he bids the team goodbye, a young woman approach-

"Edith!" both Thomas and O'Connor shout, as she runs up to hug them.

The 20-year-old is thrilled to see the outreach workers for the first time in months.

"Tell my sister I'm out of jail now," she tells them, as they hand her a handful of

She thanks them, and, ges-

"It's to help people to engage in the activities that they're choosing to do, and to do so in the healthiest way possible, so that they can stay alive, get educated, and make informed decisions that might benefit them in the future — to maybe stop that behaviour."

**DOAP Team leader Blake Thomas** on the harm-reduction principle that underpins their work

turing to the man she's with, matter-of-factly asserts: "Me and him, we're going to go find a place to have sex."

Edith then digs into one of her many bags, pulls out a large, beige-pink dildo, and waves it at the outreach workers with a laugh, before going on her way.

The DOAP Team first met Edith six or seven months ago.

As an "extreme hoarder" who also exhibits behaviours on both the fetal-alcohol and autism spectrums, O'Connor says she was initially wary but slowly warmed up to accept their help. Now, among the many trinkets Edith hauls around, is a DOAP Team button, which she is quick to

"She's probably our best advocate," Thomas says. "She goes around the streets and if someone's passed out, she says, 'Call this number!'"

That number: 403-998-



prepares a kit with socks, candy and personal hygiene products for 'Steve,' a rough sleeper who sought further assistance from the team's Encampment workers. ('Steve' is not his real name and his face has been darkened in this

metr⊕ **NEWS** 

#### **United Cabs. Drivers with** rival brokers turn up for new cab company launch

A mix of curious and confident cabbies, some of them sporting the colours of a rival company, turned out Sunday for the formal launch of Calgary's newest taxi brokerage.

Calgary United Cabs hit city streets with less than 10 cars in February. But the fleet has steadily grown and next week will likely hit 70 vehicles, according to president Rupinder Gill, a former Associated Cab driver who claims he was fired for speaking out against deplorable working conditions.

Gill has compared United's model to that of renowned airline WestJet, as each of his drivers has shares in the brokerage and, as such, is considered part owner. He wasn't surprised to see Associated and Checker drivers at Sunday's event.

In the crowd of onlookers was 12-year cab veteran Pupinder, who currently drives for Associated. He's been mull-



ing a move to United and said he's frustrated with having to queue at the airport when there are few, if any, fares.

Associated is the lone brokerage allowed to pick up customers from the Calgary International Airport, some drivers have said that this agreement limits their ability to serve the rest of the city. JEREMY NOLAIS/METRO

#### Central Alberta

#### **Collision near** Cremona kills two

RCMP are investigating a central-Alberta collision that left two Calgarians dead Sunday near the village of Cremona. It's believed a minivan driving southbound crossed into the northbound lane and collided with a motor home. The 63-year-old driver of the minivan and his 88-year-old passenger died on scene, and a second passenger was airlifted to

hospital by STARS. The driver of the motor home was assessed for minor injuries and released on scene. metro

#### Investigation

#### Train hits woman on Morley reserve

A woman was flown to hospital in Calgary after being struck by a train on the Morley reserve early Sunday morning, according to Cochrane RCMP.

The woman was reportedly lying down on the train tracks at about 5:30 a.m., police said in a release. The train was travelling at about 30 km/h when it struck the 29-year-old woman, who was unconscious but breathing when she was transported by STARS air ambulance to the Foothills Hospital. metro

# stadium dream come true

**Cochrane.** More than \$1.1M has been raised to date for a new stadium, bringing the goal closer to reality

#### **VAN DE WALLE**

Up-and-coming sports stars are getting a hand from members of the Calgary Stampeders when it comes to building a multi-sport stadium in Cochrane.

"Three years ago, the three founders really saw

"We still need those donations, and we hope that corporations and individuals who are there to support us will come and help us get across the end zone."

Stampeders help to make

Paul McLean, founder of fundraising campaign to build new stadium

a need for a field like this in Cochrane," said Paul Mc-Lean, one of the founders of a fundraising campaign to build a new artificial turf stadium.

Fundraising began a few years ago, and to date more than \$1.1 million has been amassed toward the goal of

\$1.6 million.

"We're football coaches, but we saw the need was out there for all the sports," Mc-Lean said.

The stadium is to be built on a plot of land adjacent to Bow Valley High School, donated by Rocky View Schools.

On Saturday, there was a

fundraising event at Cochrane Toyota where a number of special guests attended, including Calgary Stampeders Drew Tate and Bo Levi Mitchell, plus numerous alumni of the CFL team.

'A lot of those guys grew through minor football and minor sports in general," McLean said. "They all recognize the importance of good playing surfaces."

In total, the event raised just under \$200,000 in donations and pledges.

About \$30,000 came from the silent and live auctions, which included auctioning Stampeders' jerseys right off the players' backs.

### **DISCOVER**

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metroews.ca Monday, June 23, 2014

### Committee backs maximum taxi-fare hike

An advisory committee has recommended that Calgary city council boost taxi meter rates by 8.1 per cent, the maximum amount allowed.

It's believed a final report for councillors to mull will come forward in the fall, and the actual boost to cab fares will take effect shortly after being approved.

If approved, the hike means the initial charge for hopping in a cab will jump to \$3.80 from \$3.50 and an additional 20 cents will be tacked on for every 120 metres travelled, down from 129 metres currently.

Put simply, the average 10-kilometre cab ride will jump to \$20.27 from the current charge of \$18.80.

The city's volunteer taxi limousine advisory committee voted on the recommen-

dation in a meeting Friday, after also being presented with smaller hikes of 3.1 per cent and 5.4 per cent.

The hike will be the first since the fall of 2012 and was created using an index that relies on Statistics Canada data to determine the cost of doing business.

But not all drivers are in support of the hike, and a city limo boss is voicing concerns that his rates will be the highest in Canada as they, too, will be forced to rise.

JEREMY NOLAIS/METRO





# Mock search has agencies hunting for lost children

**Exercise.** Police, Calgary Search and Rescue practise their skills at U of C

KEN VAN DE WALLE

Parents can rest a little easier as different organizations in Calgary joined forces Sunday to perfect their abilities

to find missing children.

Members from Calgary Search and Rescue and the Calgary Police Service gathered at the University of Calgary to practise mock missing-children scenarios.

"It's always important to keep your skills fresh," said Simon Bradley, president of Calgary Search and Rescue, who spearheaded this exercise.

"This is a different scenario, a different environment, and it's really unique for us to get in and search buildings, and just have a different environment to search in."

Around 60 members from the two organizations were present to help sweep the campus for two missing children. This included looking through empty buildings, dorm rooms, forested areas and even dumpsters.

"It's something we do plan for. This is a great opportunity for us to actually exercise our plan," said Bob Maber, manager of risk management at the University of Calgary.

With the summer coming up, the groups believe this is a great time for them to join forces to brush up on their

"With our summer camps, we'll have a few thousand school-aged children here on campus participating in a lot of different activities, so this is a very realistic scenario," said

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## **Guilty as charged?**

#### Cairo.

Egyptian-Canadian journalist and two colleagues await verdict in terror-related trial

For nearly six months Mohamed Fahmy has been cooped up in a Cairo prison cell on charges he has repeatedly denounced as ridiculous.

After a trial, which has drawn the attention of media organizations and human rights advocates around the world, the 40-year-old Egyptian-Canadian journalist and his two colleagues are expected to learn on Monday whether they'll be found guilty or set free.

"He feels that hopefully we will prevail at the end," Fahmy's brother, Adel Fahmy, told The Canadian Press.

"He's a very strong person ... but I have to say that over the past few visits he has become very easily frustrated, very agitated and very anxious."

Mohamed Fahmy and his co-workers — Australian Peter Greste and Egyptian Baher Mohamed — were employed with Qatar-based satellite news broadcaster Al-Jazeera English when they were arrested on Dec. 29.

Fahmy was initially

placed in a notorious highsecurity prison where he was forced to sleep on the concrete floor of a dank, insect-ridden cell. pressure from Canadian officials, he consular moved to more hospitable quarters in a lower-security facility, where he has shared a cell with his two colleagues ever since.

The three journalists have been accused of providing a platform for the Islamist Muslim Brotherhood group of ousted president Moham med Morsi, which Egypt's government has branded a terrorist organization.

In addition, they've been accused of airing falsified footage with the intent of damaging Egypt's national security. The trio have decried the charges and have continually said they were only doing their jobs.

They're being tried alongside 17 others, including

#### What will happen next?

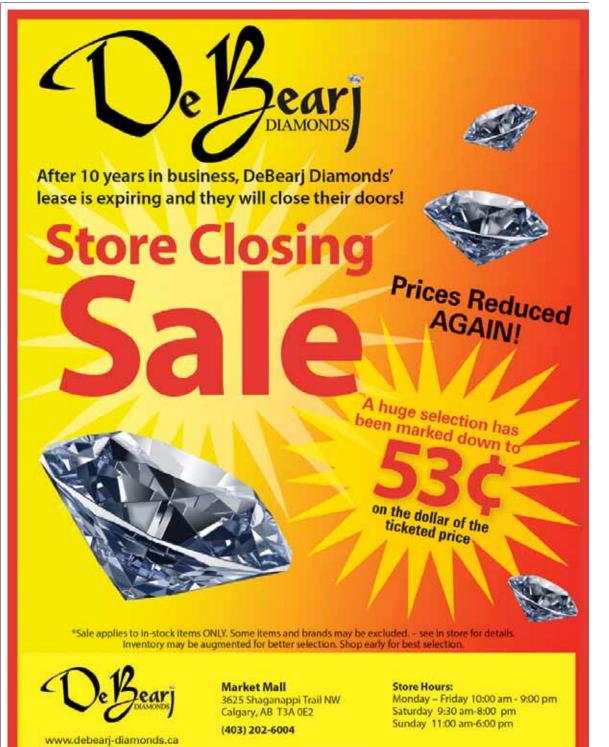
Family involvement:
If Monday's verdict goes
against Fahmy, his family is
prepared to take the case to
an appeal court — a process
his brother said wouldn't get
started for at least six months.
Another option being
considered is a request for a
presidential pardon.

six other Al-Jazeera staffers being tried in absentia and a number of students who have been lumped into the same case.

Fahmy, who covered stories for the New York Times and CNN before working for Al-Jazeera, has been the most outspoken over the course of the trial.

THE CANADIAN PRESS





#### Retaliation. Israel hits Syria with airstrikes

Israeli warplanes bombed a series of targets inside Syria early Monday, the Israeli military said, in response to a cross-border attack that killed an Israeli teenager the previous day.

In all, Israel said it struck

#### Quoted

"Yesterday's attack was an unprovoked act of aggression against Israel, and a direct continuation to recent attacks that occurred in the area."

Lt. Col. Parker., Israeli military spokesman

nine military targets inside Syria, and "direct hits were confirmed." The targets were located near the site of Sunday's violence in the Golan Heights and included a regional military command centre and unspecified "launching positions." There was no immediate response from Syria.

In Sunday's attack, an Israeli civilian vehicle was struck by forces in Syria as it drove in the Israeli-controlled Golan Heights. A teenage boy was killed and two other people were wounded in the first deadly incident along the volatile Israeli-Syrian front since Syria's civil war erupted more than three years

The Israeli vehicle was delivering water as it was doing contract work for Israel's Defence Ministry when it was struck.

The sudden burst of violence has added to the tense situation in Israel, where forces have spent the past week and half in a broad ground operation in the West Bank in search of three teenage boys believed to have been abducted by Hamas militants. THE ASSOCIATED PRESS metr⊕

# Quebec helicopter fugitives caught in posh Montreal waterfront condo

#### 'We've got all three.'

Police say more arrests likely as investigation looks into possible outside accomplices

The three men who police say escaped from a Quebec City-area jail by helicopter two weeks ago were captured in the early morning hours on Sunday in an upscale Montreal condo.

Quebec provincial police investigators, accompanied by SWAT team members, arrested Yves Denis, 35, Denis Lefebvre, 53, and Serge Pomerleau, 49, at around 1:30 a.m. inside the residence.

Sgt. Audrey-Anne Bilodeau said the investigation was ongoing and further arrests were likely.

"It could be a person who helped them escape from



prison, or a person who helped them hide from us," Bilodeau said.

The trio were facing char-

ges, including gangsterism and murder, before the June 7 jailbreak.

They were to appear in a

Quebec City court on Monday to face fresh charges, but police didn't spell out what the new charges would



These images provided by Interpol show, from left, Yves Denis, 35, Serge Pomerleau, 49, and Denis Lefebvre, 53. The three inmates, who escaped a jail near Quebec City by helicopter on June 7, were arrested Sunday at a

A woman who lives in the building where the arrests took place said she watched from her balcony as the men were escorted in handcuffs into a police van.

France, who gave only her first name, had recently returned from a tango class when she heard a commo-

"I knew something im-

portant was happening," she said. "I saw a police car arrive, then another, and then another ... And then I heard someone say, 'No, it's not a joke. We've got all three."

The condo was part of a ritzy new development in Old Montreal featuring a fountain courtyard, just steps from the historic waterfront.

THE CANADIAN PRESS

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metr⊕

### **Mock phishing test hooks** nearly 2,000 Justice staff

**Security exercise.** No confidential info at risk. but poor result raises red flags about public servants' online habits

Many of the Justice Department's finest legal minds are falling prey to a garden-variety Internet scam.

An internal survey shows 2,000 staff almost were conned into clicking on a phoney "phishing" link in their email, raising questions about the security of sensitive information.

The department launched the mock scam in December as a security exercise, sending emails to 5,000 employees to test their ability to recognize cyberfraud.

The emails looked like genuine communications from government or financial institutions, and contained a link to a fake website that was also made to look like the real ON NOW AT YOUR ALBERTA CHEVROLET DEALERS. AlbertaChevrolet.com 1-800-GM-DRIVE. Chevrolet is a brand of General Motors of Canada. Offers apply to the purchase or lease of a 2014 Chrowned Equinox LS FWDI (SA) equipped as described. Freight (\$1,600) and Del Included. License, insurance, englistration, administration fees. PPSA and taxes not included. Dalers are free to set individual prices. Limited time offers which may not be combined with other offers, and are subject to change without notice. Offers apply to qualified retail customers in Alberta Chevrolet Dealer Marketing Association area only, Dealer trade may be required. See dealer for program and incentive details. Offer available to retail customers in Change between June 3.2.014 and June 30, 2014 Applies to new 2014 Chevrolet models. 2015 Chevrolet Silverado HD Pickups and 2015 Chevrolet Taxes and 2014 Chevrolet Man 2.2.014 and June 30, 2014 Applies to new 2014 Chevrolet models. 2015 Chevrolet Silverado HD Pickups and 2014 Chevrolet Man 2.2.014 and June 30, 2014 Applies to new 2014 Chevrolet Man 2014 Chevrolet Silverado HD Pickups and 2014 Chevrolet Man 2014 Chevrolet Silverado HD Pickups and 2014 Chevrolet Facility pagnents may very depending on down 20,000 km, 30.16 per excess kilometre. Down payment or trade and/or security deposit may be required, Monthly payments may very depending on down 20,000 km, 30.16 per excess kilometre. Down payment or trade and/or security deposit may be required. Monthly payments may very depending on down 20,000 km, 30.16 per excess kilometre. Down payment or trade and/or security deposit and 20,40 chevrolet Equinox 15 379 for 48 months. Included. Example: 2014 Chevrolet Equinox 15 379 for 48 months. Included. Example: 2014 Chevrolet Equinox 15 379 for 48 months. Included. Example: 2014 Chevrolet Equinox 16 379 including freight and air tax 18 252,801 kg. 15500 manufacturer to dealer lease offers, and is applicable to retail customers 20,2014 & 5500 manufacturer to dealer lease and applied to the purchase offer offer sepi thing.

1,850

The mock exercise caught 1,850 employees, or 37 per cent of those who received the phoney emails — much more than the estimated five per cent of the general public who get fooled by similar scams.

Across the globe, an estimated 156 million of these socalled "phishing" emails are sent daily, and anyone duped into clicking on the embedded web link risks transferring confidential information such as online banking passwords — to criminals.

The Justice Department's mock exercise caught 1,850 people clicking on the phoney embedded links, or 37 per cent of everyone who received the

That's a much higher rate than for the general population, which a federal website says is only about five per cent.

The exercise did not put any confidential information at risk, but the poor results raise red flags about public servants being caught by actual phishing emails.

A spokeswoman says "no privacy breaches have been reported" from any real phishing scams at Justice Canada.

Carole Saindon also said that two more waves of mock emails in February and April show improved results, with clicking rates falling by half.

"This is an awareness campaign designed to inform and educate employees on issues surrounding cybersecurity to protect the integrity of the department's information systems and in turn better protect Canadians," she said in an

"In this case, this exercise specifically dealt with the threat from phishing which is increasingly being used as an attack vehicle of choice by cybercriminals.

"As this project progresses, we are pleased that the effectiveness of this campaign is showing significant improvement." THE CANADIAN PRESS



#### **Turning on the waterworks**

Aaron Gould competes at the 2014 Flyboard North American Championships at Harbour Square Park in Toronto on Sunday. MARTA IWANEK/TORSTAR NEWS SERVICE

#### Dean Del Mastro

#### MP set to stand trial on charges of voter fraud

A member of Parliament once tasked with defending the Harper Conservatives against voter fraud allegations goes on trial Monday, accused of overspending during the 2008 federal election campaign.

Former Conservative Dean Del Mastro pleaded not guilty last month to charges under the Canada Elections Act.

Del Mastro, who now sits in the House of Commons as an independent MP and insists he did nothing wrong, is also charged with failing to report a personal contribu-tion of \$21,000 to his own campaign.

The trial, before an Ontario provincial court judge in Peterborough, is currently scheduled to last a little more than two weeks, beginning with the presentation of evidence from prosecutors.

THE CANADIAN PRESS





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# Albuquerque. Protesters put police chief 'on trial' over 40 recent shootings

Demonstrators advocating for drastic changes within a police agency criticized by the U.S. Justice Department over its use of force put the embattled police chief "on trial" during a rally Saturday.

Hundreds of protesters marched from Roosevelt Park with signs and a makeshift coffin inscribed with the names of people killed by Albuquerque officers in recent years.

The Police Department is under scrutiny for over 40 police shootings — 26 of them fatal — since 2010, and the

Justice Department has issued a harsh report over the agency's use of force.

The protesters marched peacefully Saturday before returning to the park to continue the rally.

The mock trial outlined how police Chief Gorden Eden has failed to stop his officers from using excessive force, said David Correia, one of the protest's organizers.

"He has to answer to these charges," Correia said. "They'll all be read before the public."

THE ASSOCIATED PRESS

#### Orwellian conduct?

## Thai police detain protester reading 1984

Police in Thailand arrested eight people Sunday for demonstrating against the nation's military junta, including a man who was dragged away for reading a copy of George Orwell's Nineteen Eighty-Four during a staged silent reading outside one of Bangkok's most luxurious

shopping malls.

The arrest was the first known case of anyone being detained for reading as a form of protest since the military seized power last month. THE ASSOCIATED PRESS

# Putin calling for Ukraine compromise

**Insurgency.** Moscow has rebuffed appeals of separatists in the east to join Russia

Russian President Vladimir Putin publicly expressed support Sunday for Ukraine's declaration of a ceasefire in its battle against pro-Russian separatists and called on both sides to negotiate a compromise.

Putin said such a compromise must guarantee the rights of the Russian-speaking residents of eastern Ukraine, who must feel like they are "an integral part" of their own country. Putin's statement appeared to signal that he sees their future in Ukraine.

Separatists in the eastern Donetsk and Luhansk regions have declared independence and asked to join Russia. Moscow has rebuffed their appeals, but is seen by Ukraine and the West as actively supporting the insurgency. Putin's conciliatory words came as Russia began large-scale military exercises and after NATO accused Russia of moving troops back toward the Ukrainian border.

Putin appears determined to keep up the pressure to force the Kyiv government to give the eastern industrial regions more power and to prevent Ukraine from moving too close to the European Union or NATO. But he also wants to avoid more punishing sanctions from the U.S. and particularly from the EU, whose leaders will meet Friday in Brussels, and therefore needs to be seen as co-operating with efforts to de-escalate the conflict.

The Kremlin initially dismissed the peace plan that Ukrainian President Petro



Pro-Russian fighters stand in line to write their signatures under text of an oath after taking the oath of allegiance to the self-proclaimed Donetsk People's Republic, on Lenin square in the city of Donetsk, Ukraine, Sunday.

Poroshenko laid out on Friday. But in a statement issued late Saturday, Putin said he welcomed the ceasefire and Poroshenko's "intention to take other concrete steps to reach a peaceful settlement." THE ASSOCIATED PRESS



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metroews.ca metronews.ca Monday, June 23, 2014

### Ontario twister testing residents' resolve

Angus. Small community north of Toronto on mend even though scene still looks like massive construction site

Inspections of homes damaged by a tornado that ripped through a central Ontario community were expected to be completed on Sunday as volunteer hydro workers lent a hand to patch holes in battered houses.

Ontario Provincial Police Const. Kelly Daniels says teams of building inspectors and engineers have finished checking 80 of the 101 residences affected when the twister struck Angus, in Essa Township, some 100 kilometres north of Toronto. Tuesday's twister touched down in the early evening and left three people with minor injuries.

By Sunday afternoon, 14 homes were so badly damaged that they've been slated for demolition, Dan-

CATRIONA LEMAY-DOAN

els said.

"All the other homes remain in varying stages, whether it's just a few shingles missing to reconstructing a wall or a roof."

Daniels says the community is on the mend, with the scene currently resembling a huge job site, with trucks and large garbage bins lining the roads.

"It's like a super large construction zone, really. That's what we're looking at — one large work zone."

She says things have im-

"People are starting to move on with their lives. A lot of them are getting back into their homes and working with hydro staff to get the power back on.

"All the residents — of course it's a very emotional time for them — but with the outpouring from the community of people donating items, food, nonperishables and then of course hearing about people volunteering their days on a weekend, it's hard for them to be upset when all that's

#### A twister, a twister

"People are starting to move on with their lives. A lot of them are getting back into their homes and working with hydro staff to get the power back on."

Ontario Provincial Police Const. Kelly Daniels

proved to the point where daily meetings between officials and residents have been called off. Daniels added the state of emergency imposed on the area could be lifted within days. coming together for them," she said.

Efforts to mend damaged roofs were helped out by squads of Hydro One workers who offered to help on their day off.



Hydro One spokeswoman Marylena Stea says a few dozen of the utility's workers — mainly line maintainers — arrived in eight bucket trucks to install tarps on about three dozen of the damaged homes. Their assistance comes in addition to crews working to reattach homes to the power grid.

"We'll keep going until the work is done," she said, adding the roof repairs were expected to be a one-day job.

A preliminary estimate by Environment Canada suggested the tornado that struck Angus had estimated wind speeds near 180 km/h.

THE CANADIAN PRESS



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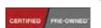
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metronews.ca Monday, June 23, 2014

# Keep calm and carry on buying a home



HOW TO ROLL Alison Griffith metronews.ca

Just when you thought home prices couldn't possibly go higher, they have. The housing market is officially going crazy ... again. Having just posted the best May on record, up seven per cent on average nationally since last May, real estate continues to be the best investment ever. Of course, that's only for those who got in before the torrid price moves of the last couple of years, particularly in hot markets such as Toronto, Vancouver and Calgary.

Doomsayers around the globe have long been predicting a collapse of Canadian home prices. Just before Christmas, Deutsche Bank, a fairly sober institution, hysterically stated that home-sweet-home prices in

#### It's hot and it's cold

- Hottest real estate market: Northwest Territories, +23.7 per cent in last year
- Coldest real estate market: Yukon, -8.5 per cent in last year

the Great White North were overvalued by 60 per cent.

Proclamations like that get everyone jumpy, but none of them more so than those who purchased recently or are in the process of doing so. Real estate anxiety is understandable since a home purchase is invariably our single largest investment.

If you are fearful of being shut out of the market or hoping to cash in on price climbs ahead, buying now is probably not a good idea. Behavioural economics tell us that the retail investor (whether purchasing real

estate or stocks) tends to get both manic and scared in the face of soaring prices. Those emotions propel us to make impetuous decisions.

Emotional investing also causes us to abandon normal due diligence. Eliminating standard conditional clauses such as a home inspection or financing can make an offer more appealing. But doing so adds considerable risk to the investment.

On the other hand, the impact of purchasing in an inflated market is usually ameliorated by time. The longer the time frame, the less the effect on the investment, whether it is a rental or a primary residence.

We all want to buy low and sell high. But predicting future prices is a mug's game. If the investment of your life is affordable now, and after factoring in inflation and higher interest rates in the future, time will smooth out the downturns to come.



# Fantasy fans bring in real cash to Northern Ireland

Giants, dragons and vengeful queens have for generations populated Northern Ireland's folk tales. Now, such creatures are visiting the land in a different version — on the sets for the hit TV show Game of Thrones. But rather than spells and destruction, they're bringing an economic boost to this British province still healing from its past of political violence.

Fans of the HBO fantasy drama would recognize here the landscapes from the fictional land of Westeros — the castle of Winterfell, the seaside cliffs of the Iron Isles and the King's Road leading to the north. About 75 per cent of the show is filmed in Northern Ireland, both in natural settings and in the Titanic Studios in Belfast.

Since the pilot episode began filming in 2009, attracted by the local government's financial incentives, the show's presence has helped foster a film industry that is catching the eye of other Hollywood productions. And Northern Ireland is taking advantage of the attention by promoting the filming locations as tourist destinations.

The latest — and perhaps most illustrious — visitor is Queen Elizabeth II, who will tour the studio sets on Monday. But thousands have already been visiting from across the globe.

Cara and Tom Collins from Springdale, Ark., were in Ballintoy Harbour recently to see the rocky coastal setting used in the show for the Iron Isles, a kingdom of rugged sailors. "You can just close your eyes and picture everybody there," said Tom.

The Season 4 finale of Game of Thrones earlier this month was watched by 7.09 million viewers in the United States according to primetime viewership numbers compiled by the Nielson Co. That makes it HBO's mostwatched program since The Sopranos in 2007.

For Northern Ireland's tourism industry, that represents a huge pool of potential visitors. The province hopes to use the show's popularity to increase the number of tourists to over 2 million annually by 2016, from 1.8 million in 2013 — more than the region's population of just 1.8 million

THE ASSOCIATED PRESS

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## **ATTACK ON SLACK IS WHACK**

As outdoor activities go, the rising sport of slacklining is fairly innocuous.

There are no fast-moving projectiles. No aggressive body contact. No need for a massive playing area.

You take a band of nylon an inch or so wide, ratchet it tightly between two trees and walk the resulting line like a tightrope. It's a simple and fun way to build core strength and balance.

You can do it anywhere. Theoretically. But in Calgary, slacklining is illegal.

The sport itself isn't outlawed per se, but Calgary's tree protection bylaw forbids anyone from attaching anything to a city tree. This includes objects such as hammocks and, yes, slacklines.

Given the sport's growing popularity, a ban seems like a missed opportunity. Many local governments throughout North America have embraced this emerging sport in ways that allow it to flourish.

Take Yosemite National Park in California, for example. "Slack-



Jeremy Klaszus

lines are popping up all over the place," says the park's website. "The National Park Service worked with local 'slackers' to create a slackline policy.'

The policy is simple: Set up the lines in such a way that they don't damage trees, and don't attach them to the park's oaks, which are in de-

That's a constructive approach.

In cities such as San Diego, the municipality has similar guidelines: Lines should be brightly coloured for visibility, anchored to trees at least a foot thick and shouldn't exceed 40 feet long.

Damaging a tree is forbidden under city bylaws. The guidelines call for the use of tree protection such as carpet or burlap so anchor lines don't cut into the bark.

As well, slacklines can't block pathways or be left unattended. This approach enables people to slackline without disturbing other park users.

Closer to home, in Okotoks, the town is also looking

At a time when we fully know that office culture harms health and kids get nowhere near enough physical activity, municipalities should be doing everything possible to encourage people to get outside and active.

In fact, a healthy and active city is a key objective of the City of Calgary's sustainability goals.

Slacklining has other benefits beyond physical health. It builds community in a way that most other outdoor activities don't. For example, most people wouldn't approach several strangers playing Frisbee in a park and ask to join in. Slacklines, by contrast, are a magnet for strangers. Set up a slackline in a park and a small crowd inevitably gathers as passersby ask to give it a try. (For the record, I don't slackline, but both of my siblings do.)

If our city's trees aren't damaged and other park users are respected, where's the harm?

Local slackliners are currently petitioning the city to modify the tree bylaw to allow slacklining. Hopefully the city works with Calgary's slacklining commun-

ity to create a local policy that works for everyone.

#### **ZOOM**

### He's not just an ugly face



o-year-old mutt, "smiles" after winning the World's Ugliest Dog Contest, at the Sonoma-Marin Fair Calif. George NikiTin/The AssociAteD press

#### Bulging eyes + big heart = winner

Meet Peanut, a sweet, energetic mutt, whose wild white and brown hair, bulging eyes and protruding teeth helped him clinch the title of World's Ugliest Dog in Petaluma, Calif. over the weekend.

Although Peanut is healthy now, he was seriously burned as a puppy, resulting in bald patches all over his body.

THE ASSOCIATED PRESS

#### **Homely champ** to raise awareness

His owner, Holly Chandler of Greenville, N.C., hopes Peanut's victory will help raise awareness about animal abuse.

"We're trying to use him as a poster child for what can happen to animals who are abused," she said.

She plans to use the \$1,500 prize to pay for other animals' veterinary bills. THE ASSOCIATED PRESS

#### o-dog winning combo

- The dogs are scored by a three-judge panel in several categories, including special or unusual attributes, personality and natural ugliness.
- Past winners include a duck-footed beagle, a boxerbasset hound mix with a waddle, a Chinese crested and chihuahua mix with a protruding tongue and a chihuahua with a missing eye and a camel's back.

#### SEE THE NEWS COME ALIVE...



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In this issue, you can find AR enhancements on page 20 in Scene and page 30 in Sports

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#### MetroTube

#### **Storm chasing** in South Dakota



**ANDREW FIFIELD** 

Last week was a rough one, tornado-wise, including in our own country, with a twister touching down in Angus, Ont. that damaged several homes.

**But this South Dakota storm** system captured by a vehicle full of adrenalin junkies last week takes the cake. Several bright white vortices twist and dance around one another, wreaking havoc on anything in their path including a farm that gets torn to pieces around the three-minute mark. (TVNWeather/YouTube)





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High on life and in a Haze

Want to hear the stripper-inspired White Lilies? Scan the photo with your Metro News app to listen to the song!

Rap. Angel Haze sits down to discuss strippers, sexuality, polygamy and why women are better to date ... oh. and she talks about her music, too

#### RICHARD **PECKETT**

Metro World News in London

Rapper Angel Haze is making the media as excitedly fidgety as a room of schoolboys who've stumbled upon a top-shelf mag. She's dating a girl. And she's a celebrity. It's Ireland Baldwin, the daughter of Kim Basinger and Alec Baldwin, which would make the "best of girl-on-girl lovers" lists in the tabloids, if such a thing existed.

Haze — real name Raykeea Angel Wilson — is happy for the press to have a field day with it. She's in a good place right now and is keen to move on from divulging the details of a frankly dismal childhood, when she was a victim of rape at the hands of so-called family friends. The 22-year-old Detroit native says she's ready for some "fun" with her next album, due out this summer, called Troubled Child.

Unlike her well-received but weak-on-sales debut album Dirty Gold, this one won't be leaked. Haze, who is on a Mary Jane high, talks strippers, sexuality and social media.

You've been teasing the press and public with images of you and Ireland Baldwin on social media. But before we get to that, why did you make a track on your debut album Dirty Gold about a different girl ... a stripper?

Oh my god, the girl from (music track) White Lilies.



She's beautiful!

#### What made her so special?

She's beautiful. I was obviously wasted and I wanted to experiment and learn things. I think at the time it was interesting to meet someone and not know anything about them or the stripper life, which you hear a lot of people talking about it, but you don't really know about it until you experience it.

In terms of your own life, the lyrics from your EP and Dirty Gold seem to be quite cathar-

#### tic. Have you moved on from that stage in your life now?

Yeah, definitely. I didn't realize that until I was doing some interviews early this morning, and I was completely exhausted by talking about my past. I was like an 18-year-old girl who had no clue that the world was paying attention and I was just making music because it was cathartic and a release for me and none of the other stuff mattered. Obviously it doesn't mean anything to me anymore, so talking about it is like beating a dead horse.

Now all of the other stuff matters: I've decided to have fun and I'm appreciative where I've landed in my life.

#### Your music connects with, amongst others, troubled young children. Do you see yourself as a role model? I don't feel like a role model because that means I would do everything that I knew was

Are you more 'real' and tangible?

right and I'm like a f-k-up.

Yeah, definitely but lots of people would disagree. Some people would think I was a whore or something - my friend over here is like 'uh huh' (laughs). It's cooler to just be real about it — it's not a fairy-tale life.

#### Do you feel like you're changing rap's attitude toward sexuality?

Oh, because I'm like openly queer or whatever? I suppose so, but I don't think people get it still. ... But I think I have female privilege because no one takes it seriously when it comes down to me. They're like, 'She's bisexual.' It will take someone bigger to change rap's attitude, but not me.

#### Are you a clingy kind of girl when it comes to relation ships?

Nooo, I'm the entire opposite: I'm what people refer to as a 'thot.' I don't really do committed relationships, ever. It's insane if you find me in one. I'm usually very open ... a polygamist.

#### Who's better to date: girls or boys, and why?

I think girls are better than guys, but that's just me.

#### What! Why?

We're smarter than you guys, more fun, and we smell better.

ON387392



Dear Luke, We Need To Talk, Darth

By. John Moe

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MIND THE ris Abel @RealKrisAbel

This collection of humorous memos, letters and text messages imagine the off-screen interactions of our favourite movie characters, where the shark from Jaws keeps a therapy diary and the Walking Dead zombies commiserate together online. Clever logos and fonts complete the inventive gags for Don Draper's self-reflecting cocktail recipes and an exasperated court-ordered letter from Dora the Explorer's mom.

#### Game of Thrones

#### **Upcoming season** to be strongest yet: co-creators

Some Game of Thrones fans are wondering if the show's next season might lack a little punch. But show cocreators David Benioff and Dan Weiss tell Entertainment Weekly: "Now that we're nearly finished with the first drafts of each episode, we see no reason why the coming season shouldn't be the strongest yet." THE CANADIAN PRESS



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SCENE 21

## Rising Star aims to knock out competition

TV. Singer, now host, hopes audience interaction will be the key to show's success

Josh Groban can rhyme off a litany of persuasive reasons he decided to take on hosting duties for the new reality competition Rising Star: He's thrived dabbling in hosting before on Live with Kelly and Michael, the new show's trademark technology is "truly revolutionary," and he adores mentoring fledgling artists.

But above all else, the freshfaced traditional pop singer jokes that Rising Star simply gave him something to do in the steamy New York summer.

"I usually have just the worst summers," said a cordial Groban in a recent telephone interview. "I'm just not much of a beach guy. Summer's always the time where I'm like, 'Ugh, God, wearing this sweater is going to be so uncomfortable.'

"I don't know, what do people do during the sum-



mer? I've always been the pale theatre geek. So having something that's going to be this fun to be a part of every week and for it to be completely live, and for me to have a chance to be weird every Sunday and work with young artists ...

"It's going to be, for me, a really fun experience."

And he's pretty confident a broad audience will share in that revelry.

With a format borrowed

from an Israeli singing show, Rising Star airs live Sundays on CTV and allows the audience at home to vote in real time, just as the starry-eyed hopefuls are performing. If 70 per cent of the audience approves of a performance, the singer will be shuffled ahead to the next round. Viewers will thus have instant gratification, rather than waiting for a separate results show.

Audience members also

have the potential to see their own faces appearing on the video wall that the competitors face as they perform, which slowly rises if viewers are voting in their favour.

With a viewing landscape that features or has featured the likes of The Voice, American Idol, The X-Factor and America's Got Talent — not to mention their various Canadian and other international spinoffs — it's tough for view-

Quoted

#### "They are giving me a live stage — which is a horrible mistake on their part."

Josh Groban, who will be hosting the new talent show Rising Star

ers to conjure much enthusiasm for a new reality singing show

And Groban is acutely aware of that.

"At this point, we're saturated with singers trying to do the greatest runs, with performers trying to have the gimmickiest shtick," he said. "(Viewers) are not going to have tolerance for another one of these shows if it feels canned."

That's where the live voting technology comes into play, he said.

"The show has already become a huge smash because of this twist, and this is in parts of the world where they've had Idol and The Voice — and this is a giant-killer out there. It allows the audience to have immediate intimacy and power

with the person they're watching on TV.

"When I saw preview episodes of how it had been done in Israel for instance, I thought, 'Oh man, this reminds me of the Little Orphan Annie days when everyone would sit around the radio,'" he added.

"Not that I remember what those days are like, but I've watched A Christmas Story."

It's that wry sense of humour — so obvious to anyone who follows Groban's witty, self-deprecating Twitter account — that he hopes beams through in his hosting gig.

Indeed, he says he's committed to "keeping it quirky."

"They are giving me a live stage — which is a horrible mistake on their part," he joked.

But Groban also hopes to be a steadying presence for contestants who will bravely face feedback in real time as they sing

They can also rely on the guidance of the panel of experts Reality Star has assembled: pop singer Kesha, rapper Ludacris and country singer Brad Paisley. THE ASSOCIATED PRESS

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# Born To Die singer angry about journo's 'leading questions' on death

Lana Del Rey apparently isn't too thrilled with the Guardian running with her "I wish I was dead already" quote and turning it into a story.

The singer took to Twitter to complain in a series of tweets that she later deleted. "I regret trusting the Guardian. I didn't want to do an interview but the journalist was persistent," she posted about her chat with Guardian music critic Alexis Petridis for an article written for the newspaper by Tom Jonze. "Alexis was masked as a fan but was hiding sinister ambitions and angles. Maybe he's actually the boring one looking for something interesting to write about. His leading questions about death and persona were calculated." For the Guardian's part, Jonze responded by posting the original audio of the interview. "It's not pleasant asking a pop star if she thinks the idea of dying young herself is attractive. It's a dark question, but it's not a leading one," he writes. "She has every opportunity



to say no. And she can hardly complain about the subject matter. She'd been talking about her icons all dying young (and) she named her debut album Born to Die.'

### METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

#### Pop goes the week

#### Find Mr. West to direct you to little North



STARGAZING Malene Arpe scene@metronews.ca

Kim Kardashian and Kanye West threw a big birthday party for their daughter North West, who turned one. Regrettably, some of the guests got lost due to the directions on the invite: "For North West go south-southeast, then south, look for Mr. West who will guide you to little North. P.S.: If the party goes south, look for exits marked 'This way away from North West."

Taylor Swift has report-

ACCOUNTING

LEGAL

**TECHNOLOGY** 

**BUSINESS** 

HEALTHCARE



edly dumped Selena Gomez as a friend because she's tired of hearing about her problems with Justin Bieber. Despite Taylor's best efforts, she hasn't even been able to write a song about it.

Harrison Ford will spend a long time recovering from an ankle injury sustained on the set of Star Wars VII. It will be eight weeks with normal hospital treatment and bed rest, two weeks if he can be convinced to have his leg frozen in carbonite.



# Prince William and family to travel in luxury aboard British Heirways chopper

What do you get for the birthday boy who's going to eventually rule everything in England at least?

Queen Elizabeth II reportedly celebrated Prince William's 32nd birthday by leasing him and his young family a \$13.6-million luxury helicopter for

getting around the country, according to Sky News. The craft can hold up to seven passengers in leather-seated comfort and can fly a maximum distance of 530 miles in one trip. The chopper has already been affectionately nicknamed Heirforce One, according to Sky.

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LIFE 23

# With all 'I do' respect, keep your own financial identity

**Couple's money.** The best route to a strong marriage is to work as a team, but keep your accounts separate



GAIL VAZ-OXLADE Gail blogs daily at gailvazoxlade.com

It's not unusual for two people who are very different in how they see and manage money to hook up before they've talked about those differences. Then instead of just being a tool, money becomes something they fight about.

I meet people all the time who want to beat me up because I advocate financial independence within couples. "C'mon, Gail, marriage means you have to be a team." "Yeah, it's about trust." "Just because you've been divorced three times doesn't mean we're all headed that way."

Y'know what? They're all right. Every one of them has a point. But nothing they've said has changed my mind. I believe with all my heart that to be strong as a couple, you each have to be capable of standing on your own two feet financially.

#### Planning a family?

Being on the same team means you're going to set your goals together and help each other meet those goals. If one of those goals is to have a family, then together you have to decide how you will provide care and money to take care of that family. If one of you decides to stay home, that doesn't mean the money-maker gets to make all the decisions about how the



money gets spent or abdicate home-care responsibilities. But so often, that's exactly what happens.

It also often happens that the non-working partner ties themselves completely to their mate financially. They share a bank account; there are no individual accounts. They share credit. One may even give up his or her financial identity completely. It isn't healthy. And many a divorcee or widow comes to regret it.

Being financially independent isn't a precursor to or acknowledgement of the fact that your relationship will end unhappily. To be good for each

other and strong together, you each need to be taking care of the money — individually and as a team — and you each need your own financial identity.

You must each be clear about what you need, want, and expect from your relationship.

And it can't just be clear in one person's mind. You have to talk about it, negotiate the grey areas, and come to a happy place where you're each getting some of what you want.

#### Stay-at-home partner

For those couples who have one stay-at-home partner, it is important that person have their own bank account, credit card and savings; yes, accounts in his or her own name. Sure, you're a team, but all that teamwork doesn't do you the least bit of good if the working partner leaves the other partner with no financial identity. Don't confuse having money with having a financial identity; they are not the same thing. Besides, why should the stay-at-home partner be any less financially sound in their own right if you've agreed on this strategy for your family?

A bank account will create a record of money management. Savings will not only help you prepare for the future, it will signal the right financial behaviour. And a credit card — not a joint card or a supplemental card — will create a credit history.

Don't think that because you're both signed on the mortgage or on a line of credit together your credit histories are being built equally. That's a common misconception. Typically the credit history is reported only for the first signature on the application, so one of you may have no credit history whatsoever. Divorce or death is a tough enough thing to deal with; finding out you're a financial non-person doesn't make it any easier.

#### Getting back into the loop

So what if your partner has been out of the loop and now needs to get with the financial program? Having a jointly created plan on paper gives you a starting point for discussing how you're managing the money. While you want your mate to have a sense of the big picture, a detailed budget will help him or her see how all the pieces fit together. Your aim is to share your joint financial responsibilities even as you manage your personal financial identities

Assuming responsibility for your own financial independence is scary for some people. That idea of independence makes some people want to duck and hide behind words like love and trust and honour and team. But independence doesn't negate any of those things. It enhances them because each day you're choosing to be together, not defaulting to togetherness because you're trapped.

WANT TO BE SMARTER ABOUT YOUR MONEY? GO TO MYMONEYMYCHOICES.COM AND FOLLOW THE ROADMAP TO SUCCESS.

# Parental ties. Secure kids create better friendships

Not only do strong parentchild bonds mean that kids are more likely to be attentive to friends, they're also more assertive in the face of difficult peers, say researchers at the University of Illinois.

Researchers observed the interactions of pairs of peers in a series of three visits over a period of one month.

Those with strong bonds to

their parents reacted positively in the first meeting of their new friend and were attentive even if the other child was likely to react in anger.

Yet if the new peer partner reacted in anger, children with strong bonds to their parents lost enthusiasm for the friendship

The study was published in Developmental Psychology. AFP

#### No CAD skills required

### 3D printer for kids keeps it simple

Mission Street Manufacturing has created a playful printing machine just for kids that is part toy, part educational tool. Printeer aims to "bridge the gap between the screen and the physical world" by letting children sketch their designs out on an iPad before manufacturing them. AFP

## Meeting goals. Kids with freer schedules do better

Limiting structured activities allows kids to establish interests and self-discipline, according to a new study at the University of Colorado Boulder, one of the first of its kind.

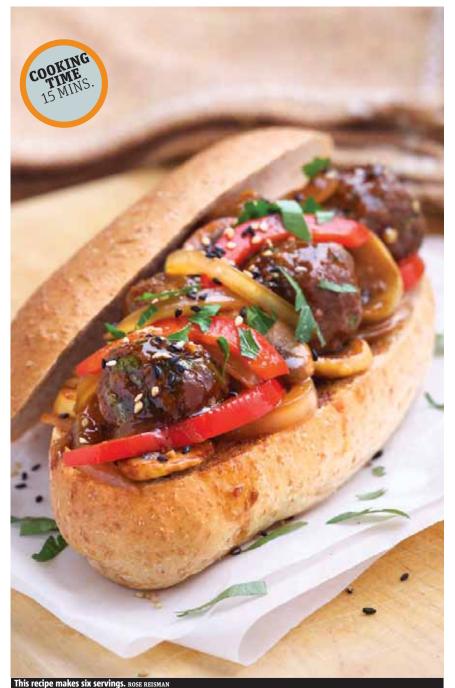
The study, published in the journal Frontiers in Psychology, says that kids who spend time reading, playing or exploring nature in the absence

of predetermined structure are more proactive than those whose parents pack their schedules with lessons and study sessions.

They are also better able to meet their own goals than those who are carted from one pre-organized activity to another outside of school and homework, say researchers.

A

metronews.ca
Monday, June 23, 2014



# Hoisin sauce makes meat sub sublime



ROSE REISMAN
For more, visit
rosereisman.com or
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How often do we drive to a sub shop and grab a variety of these tasty foot-long sandwiches? They're inexpensive, quick to buy and incredibly tasty. But if you lift up the bread you usually won't find the healthiest mix of ingredients. Preserved, nitratefilled deli meats and loads of mayonnaise or "secret" sauce on a heavy, non-nutritious roll. Not exactly a healthy choice. A regular meatball 6-inch sub has around 500 calories, 20 gm of fat and over 1,000 mg of sodium.

My hoisin meatball sub comes to the rescue with about half those numbers, making it a much healthier choice. These homemade hoisin meatballs are made with lean beef, freshly sautéed onions, mushrooms and red peppers, and are served on a whole wheat

#### Make ahead

Make the meatballs and stir-fry early in the day. Gently reheat the meatballs in a 300 F oven for 10 minutes, reheat the stir-fry and assemble.

#### Ingredient

#### Sauce mixture

- 1/4 cup low-sodium soy sauce • 1/4 cup hoisin sauce
- 2 tsp chopped garlic
- 2 tsp chopped ginger
- 5 tsp sesame oil
- 5 tsp rice vinegar
- Meatballs
   1 lb lean ground beef
- 1/4 cup unseasoned dry bread crumbs
- 1/4 cup chopped green onions
- 3 tbsp chopped fresh cilantro

#### or parsley

- 1 tsp minced ginger
- 1 tsp minced garlic
- 1 egg

Garnish

#### Vegetables

- 1 1/2 cups sliced onions
- 2 cups chopped mushrooms
- 1 1/2 cups sliced red bell pepper Submarine buns
- Six 4-inch whole wheat submarine buns sliced in half
- 1 tsp toasted sesame seeds

bun with a tasty hoisin sauce drizzled over top. This is not only delicious, but will save you those excess calories, fat and sodium.

Serve this for lunch or a casual dinner with a side salad.

#### Directions

- **1.** Combine the soy sauce and hoisin sauce, garlic, ginger, sesame oil and vinegar. Set aside.
- 2. Combine the beef, bread crumbs, onions, cilantro, 2 tbsp of the hoisin sauce, ginger, garlic and egg until well combined. Make into small 1-inch balls (about 36). Brush with some of the remaining hoisin sauce. Bake at 400 F for 12 minutes or just until cooked.
- **3.** Sauté the onions in a nonstick skillet sprayed with vegetable oil until tender. Add the mushrooms and sauté until soft; add the bell peppers and sauté until tender. Add 3 tbsp of the sauce.
- 4. Toast the submarine buns. Divide the meatballs overtop the buns and add the sautéed vegetables. Drizzle remaining sauce mixture overtop and garnish with the sesame seeds. THE BEST OF ROSE REISMAN (WHITECAP BOOKS) BY ROSE REISMAN

#### FLASH FOOD



From your fridge to your table in 30 minutes or less

## Bright berries and baby kale take a citrus splash

Kale, Spinach, Raspberry and Goat Cheese Salad. To make ahead, prepare salad early in the day, dress just before serving

The combination of kale and spinach in a salad gives you a powerhouse of nutrients. They are both high in iron and fibre. Kale wins in vitamin C with just one cup having close to 85 per cent

of your daily requirements. They're both excellent greens to have in your diet. The fresh raspberries, crunchy almonds and creamy goat cheese make the perfect combination along with the citrus cider vinaigrette. This makes a perfect side salad or serve as a main with some grilled chicken or fish.

#### **Directions**

**1.** To make the salad: Place the spinach, kale, onions, raspberries and goat cheese in a large serving bowl.

#### Ingredients

#### hele2

- 4 cups baby spinach
- 4 cups baby kale
- 1/2 cup thinly sliced red onion
- 1 cup fresh raspberries
  1/3 cup chopped almonds
  1/2 cup crumbled goat

#### Dressing

- 1 1/2 tbsp cider vinegar
- 1 tbsp olive oil
- 1 tbsp apple or orange juice concentrate
- 1 tsp (5 mL) brown sugar
- 1/2 tsp (2.5 mL) chopped garlic
- 1/2 tsp (2.5 mL) Dijon mustard

**2.** To make the dressing: and mustard in a small bowl. Whisk together the cider vinegar, olive oil, juice concentrate, brown sugar, garlic chopped nuts. **ROSE REISMAN** 

# Learning as long as you're living may be the best course of action

Class is in session ... again. Startup founder takes 30 classes in 30 days to encourage perpetual education

#### LAKSHMI GANDHI

Metro World News

Over 1.5 million college students graduated this year, packing away their books and embarking on their life adventure in the real world.

A recent study by the Jenkins Group reveals that nearly half of the class of 2014 will never read a book again.

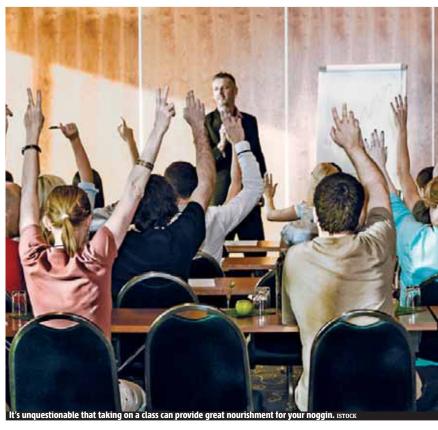
Chad Lovell wants to change that.

Lovell is the co-founder of AllClasses.com, a search engine that lists available classes all over the world. Lovell is currently taking 30 classes in 30 days in order to encourage lifelong learning.

We recently caught up with Lovell as he was heading home from a busy afternoon at class.

#### How was class today? What did you end up taking?

I took a class on day trading stocks and trading options.



I've done a little trading on my own, so I was a little skeptical going in (about whether I would learn much). But we were talking about stuff we can do and all of the different options. I'm learning new stuff all of the time. Every class I go

#### The human race

"The world around us is accelerating, and it's changing faster and faster. If you don't invest in yourself, you are going to be left behind."

**Chad Lovell** Co-founder of AllClasses.com

to, I tell people what I'm doing and they say, 'That's awesome'

### How did you pick the classes you would take over the course of the month?

I wanted it to be something that benefits me and that would add value to my business. Half of the classes are concentrated on professional development. I'm also taking classes for my personal benefit. I started power lifting and working on core strength last year, and I'm taking a pole fitness class, which is interesting because I'm often the only guy there.

How did you to come up with the idea for the 30 in 30 Learning Challenge? I've always been an intel-

lectually inclined person. The world around us is accelerating, and it's changing faster and faster. If you don't invest in yourself, you are going to be left behind.

### What have you learned personally while doing the project?

Learning is invigorating. It is a bit exhausting running a company and taking all of these classes at the same time, but I am trying to show people that it is possible and that it's important to invest in yourself.

#### Your company AllClasses lists all sorts of courses and learning opportunities. What are the topics people seem to be interested in the most?

It's all across the board. We have 3,000 different topics that people search for. Coding classes and programs like Javascript are popular. Our users are also really interested in marketing classes.

#### What's the best reason to take a class?

No one likes to be boring.... It makes you more interesting. I'm taking a CPR certification class too, and that could potentially save a life.



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## Cut that out: Success is about making decisions

#### Food for thought.

**Author Ryan Porter** believes he has the recipe for making young people's dreams come true

In his new edibly themed book Make Your Own Lunch, au-

thor and inspiration speaker Ryan Porter aims to empower and guide young people as they search for their answer to the age-old question: "What do you want to be when you grow up?"

In this excerpt he explains why the key to achieving any dream is making a decision:

"So not only am I an incredible battle rapper and karaoke singer. I also know a bunch of pointless information.

Like this: Did you know the word decide comes from the Latin word decidere? And did you know that decidere literally means "to cut off"? No? I don't blame you. But it does. Really. Look it up in the dictionary ..

When you truly make a decision, you cut off every other option until you have achieved whatever it is that you decided to do. If there is something you want to have, then decide to have it. If there is something you want to do, then decide to do it. If there is somewhere you want to go, then decide to go there. And if there is something you want to be, then decide to be it.

Is that four-hour Xbox marathon bringing you closer? Nope? Cut it (not literally

- electrocution is no joke). Another episode of Mom? Really? Is that really bringing you toward the things you want? No? Cut it.

The difference between rich and poor, excitement and boredom, and success and failure is decision. I can't type it enough times: Decision is the only way anyone has accomplished anything, ever. So instead of sitting there waiting

'Round the world wisdom

for luck, destiny, or fate to deliver a gift basket to your front door, filled with money, Cherry Coke, cheese wheels, your dream job, and a private jet, decide to get it yourself.

You have the most incredible superpower (other than Wolverine's retracting adamantium claws, of course) to do whatever you want. That superpower is decision."

#### Changing your future can change your present



The severe market crash in October 2008 changed my life. I started running to regain my health, both emotional and physical. Shortly after I took my first steps, I ran the Gobi March in China in June '09, followed by the Atacama Crossing in Chile in '10 and the Sahara Race in Egypt in '11. In this post, I share a lesson about life, learned from the desert.

Have you ever noticed how looking at a future holiday in your calendar can completely shift your mindset in the present?

A look forward unlocks our imagination and sets a plan in motion, resulting in new actions and a refreshed state of mind. Why not do the same with our careers, our relationships, or our

If the life trajectory we are on is no longer inspiring or nourishing, the good news is that by inserting a

challenging project in our future, the present will immediately shift and our trajectory will forever be changed. Not only will our lives be altered when we reach the completion of the project - revealing new avenues that are hidden from us at present - more important, the project will change the present, too.

For example, when I signed up to run the Gobi desert, the training helped me build my level of resilience which in turn shifted how I related to the 2009 recession. Before, the recession had been an event to survive. Through the Gobi, it became an opportunity

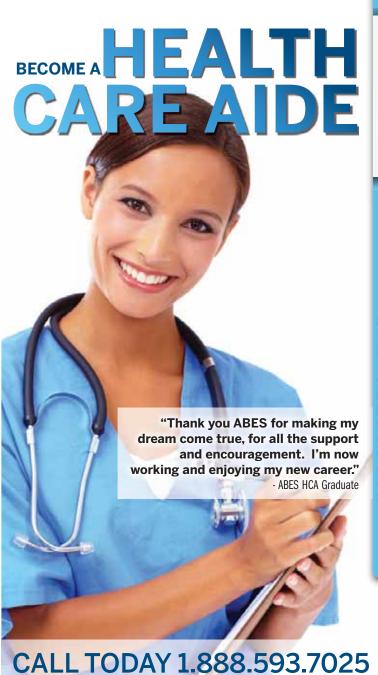
Completing the race itself resulted in two unforeseen gifts: I wrote a book called Gobi Runner detailing the journey, and then started sharing the Gobi story on the speaker's circuit. While neither of these developments was planned, my day-to-day life was forever changed.

Most of us decide to change the course of our lives only when something goes wrong. Why wait? Taking on new challenges can be uncomfortable, but it is possibly the most effective way to instead give ourselves a future to step into today.

STÉFAN DANIS IS THE CEO OF NEXCAREER AND MANDRAKE, AND THE AUTHOR OF GOBI RUNNER



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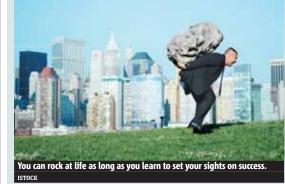
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## Life lessons of the rich and famous

**Said the stars.** The best career advice from 2014's celebrity commencement speeches

#### LAKSHMI GANDHI

As graduation season winds down, we thought we'd share the best pieces of career advice we've heard from recent speeches given by celebrities. Here, in no particular order, are some of the highlights.

#### **Shonda Rhimes**

The creator of hit shows Scandal and Grey's Anatomy urged Dartmouth grads to focus on doing rather than dreaming:

So, Lesson One, I guess is: Ditch the dream and be a doer, not a dreamer. Maybe you know exactly what it is you dream of being, or maybe you're paralyzed because you have no idea what your passion is. The truth is, it doesn't matter. You don't have to know.

You just have to keep moving forward. You just have to keep doing something, seizing the next opportunity, staying open to trying something new. It doesn't have to fit your vision of the perfect job or the perfect life. Perfect is boring, and dreams are not real. Just ... do.

So you think, 'I wish I could travel.' Great. Sell your crappy car, buy a ticket to Bangkok, and go. Right now. I'm serious.

You want to be a writer? A writer is someone who writes every day, so start writing. You don't have a job? Get one. Any job. Don't sit at home waiting for the magical opportunity.



achievement award from the Fred Friendly First Amendment Award committee at Quinnipiac University, the recently-retired Barbara Walters shared these tips for living a fulfilling life. While this isn't from a commencement speech, we loved this advice so much we had to include it:

1) There has to be something you have to do, most important something you want to do.

2) You have to have someone to love, and to love you, not necessarily a family. Sometimes it's just friends. I don't have a big family. I have one child. I would be lost without my friends.

3) You have to have spirituality of some sort. I don't mean that it has to be religion. It can be ethics. It can be a philosophy.

4) You have to have strength of purpose in mind.

#### **Tory Burch**

The fashion designer focused on the lessons she learned from building her company



a job title, and it isn't just about starting a company. It's a state of mind.

It's about seeing connections others can't, seizing opportunities others won't and forging new directions that others haven't. It's about being entrepreneurial wherever you are and in whatever you do.

It's about having the courage to give in to passion for an idea that makes your heart race. If it doesn't scare you, you're probably not dreaming

**Mindy Kaling** Addressing Harvard Law School grads on their Class Day, the sitcom star's jokefilled speech turned serious for a moment. According to motherjones.com, Kaling urged graduates to "be the kind of people (who) give advice to celebrities, not the other way around." She continued: "You are entering a profession where no matter how bad the crime, or the criminal, you have to defend the alleged perpetrator. That's incredible to me.

ng. More doing.

#### **CAREER FINDER**

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388 Country Hills Boulevard Calgary, Alberta T3K 5H2

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## Put the 'reward' back in reward program

#### Research loyalty programs to optimize your points

Who doesn't love getting what you want - when you get it faster? Finding the right loyalty program — one that gets you the rewards you want — can be complicated, especially when credit cards are factored in.

Whether you are looking for a new card or just curious to see how your current credit card stacks up, it can be difficult and time consuming to get an apples-to-apples comparison of what is available from various providers and how well they might work for you. While selecting a program still requires you to do a little research, a free, online tool is here to help. Compareloyaltyprograms.ca enables Canadians to assess which loyalty programs and affiliated credit cards might get them to their desired reward fastest.

"It's all about the reward. Take a step back and consider what you're looking for - whether it's cash back, merchandise or flights — and then research which programs and cards could get you there faster," say Susan Misner and Laura Mc-Donald, founders of Golden Girl Finance, a site offering financial education in a modern, engaging way to encourage everyone to play a more active role in their finances.

"Where you live, your shopping habits and spending patterns mean that there isn't one program that fits all, so a tool





like Compareloyaltyprograms.ca really offers a new perspective.'

#### REWARDS ARE A PERK BEST SERVED FAST

Flights, merchandise or cash equivalent rewards: it doesn't matter what type of reward you're working towards, you likely want it faster, according to a new poll by Environics Research Group. Results show that earning rewards faster (42 per cent) and having more opportunities to earn loyalty points (40 per cent) are priorities for Canadians in their loyalty

Even with speed being top of mind, comparing programs based on time to reward has been difficult to do before now.

"The Environics research has shown that credit cards can play an important part in earning rewards faster: doubledipping, or using a loyalty program card and paying with an affiliated credit card, offers the fastest time to reward," say Misner and McDonald. "And don't forget: a program that gets you to your rewards faster is one that will keep you happy."

#### **CONFUSION CAN MEAN** MISSED REWARDS

Navigating the loyalty program landscape in Canada can be challenging with so many programs and opinions to sort through. According to the Environics poll, the majority of consumers who participate in loyalty programs believe that they can be confusing (almost six in 10 Canadians). Of those, three-quarters (76 per cent) say they are less likely to use a loyalty program if they are confused by how it works — meaning many of us are

#### LOYALTY PROGRAM TIPS

IF YOU CHOOSE TO USE YOUR CREDIT CARD TO PAY FOR YOUR PURCHASES AND EARN LOYALTY PROGRAM POINTS, A FEW TIPS CAN HELP YOU **MAXIMIZE THAT SPENDING** AND GET YOU TO YOUR **REWARD FASTER:** 

USE COMPARELOYALTYPRO-GRAMS.CA: It can help you research reward programs and affiliated credit card options to get you to your reward sooner.

**USE CREDIT CARDS RESPONSIBLY:** Spend responsibly and be sure to read the fine print on any credit card you shortlist if you are not paying off the balance every month or if the annual fee is high, you are not going to be rewarding yourself.

RESEARCH YOUR OPTIONS AND UNDERSTAND WHAT YOU'RE SIGN-*ING UP FOR:* Do your own research — do

not assume others' opinions about certain cards or programs are 'right' for you.

DOUBLE-DIP: You will maximize earnings by using your credit card with the corresponding loyalty program where possible – that means shopping at program-affiliated stores and paying with the affiliated credit card. Earning rewards points this way adds up faster than you might think.

#### **FOCUS ON YOUR FAVOURITES:**

Focus your spending on one or two loyalty programs — targeting your earning on just one or two programs will ensure you reap the most rewards, whether it's flights, cash back or merchandise.

simply missing out on rewards.

Sources of confusion include not knowing how to redeem points or miles for a reward (39 per cent), not knowing which program is best for them personally (37 per cent) and not knowing how or where to earn reward points or miles (24 per

With a tool such as Compareloyaltyprograms.ca on your side, you have a unique, level comparison of the top loyalty programs and affiliated credit cards in Canada.

Answer a few simple questions based on your preferences, location and personal spending habits and up to three loyalty programs will be suggested as possible matches for you.

From there, it's up to you to select the right program for you.

Commissioned by COLLOQUY, a LoyaltyOne Research Group, Environics Research Group developed a methodology and online comparison tool that allows consumers to determine which rewards programs get them to the rewards they want as quickly as possible, based on their individual shopping patterns, program features and attributes. COLLOQUY has also provided financial compensation to Golden Girl Finance for promotion of the research and online tool.

#### NHL

#### Flames to spark season vs. Canucks

The Toronto Maple Leafs and Montreal Canadiens will once again kick off the NHL season.

The league released its official schedule Sunday, and the Original Six rivals will face off at Air Canada Centre in the earliest of the four games scheduled for opening night on Oct. 8.

The other games on opening night see Vancouver visit Calgary and Boston welcome Philadelphia. THE CANADIAN PRESS

Women's Open

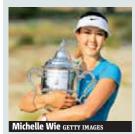
#### Michelle Wie wins first major

Michelle Wie bounced back from a late mistake at Pinehurst No. 2 to bury a 25-foot birdie putt on the 17th hole. That sent the 24-year-old from Hawaii to her first major championship Sunday in the U.S. Women's Ópen.

She closed with an evenpar 70 for a two-shot victory over Stacy Lewis, the No. 1 player in women's golf who made Wie work for it by making eight birdies in a round of 66.

Sixteen-year-old Brooke Henderson of Smiths Falls, Ont., shot a 69 in the final round to finish in a tie for 10th place.

THE ASSOCIATED PRESS





# Steady, dependable Ekblad ready for NHL

Countdown to the draft. 2-way blue-liner pegged as No. 1 pick

Aaron Ekblad may be the most mature 18-year-old hockey player on the planet.

"Not only does he have a 30-year-old's physique under his equipment, but he also thinks and acts like a 10-year NHL vet," said Dan Stewart, scouting director for the independent scouting service Future Considerations.

Ekblad, a two-way, rightshooting defenceman, knows what he wants to be - not only in this week's NHL draft, but as a pro. He'd love to go No. 1 and continue to mould himself in the images of Shea Weber, Alex Pietrangelo and Duncan Keith.

More than anything, though, the Barrie Colts captain wants to be considered reliable on and off the ice.

"I don't do too many things that are going to surprise anyone," Ekblad said at last month's scouting combine. "I'm going to be the kind of player that you know what you're going to get from

> and dependable Steady

#### Future NHL great?

"I wouldn't say I'm cocky, but I'm confident and I believe that if I work hard and I do all the little things and pay attention to details. I can be in that league next year."

NHL prospect Aaron Ekblad

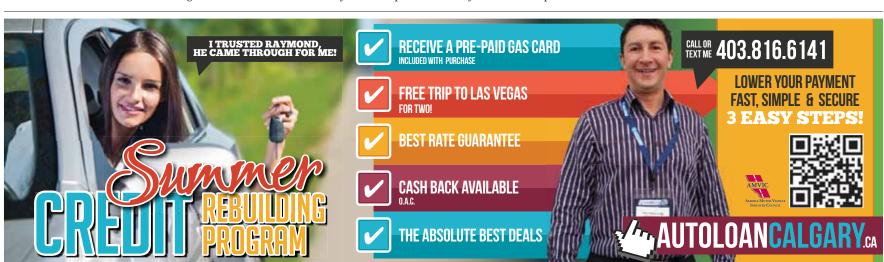
doesn't put butts in seats, but Ekblad isn't touting himself as a flashy kind of player. Instead, and more importantly, he has the potential

to develop into a franchise cornerstone.

Because of that, the Belle River, Ont., native is the front-runner to be the top pick Friday night in Philadelphia, whether the Florida Panthers choose to keep it or trade it. Buffalo Sabres general manager Tim Murray said last week he expected Ekblad to go No. 1 regardless.

If that happens, Ekblad would be the first defenceman to be selected with the top pick since Erik Johnson in 2006, and the first Canadianborn blue-liner in that spot since Chris Phillips in 1996.

THE CANADIAN PRESS



# Hard-pressed, but Belgium advances

#### **Another late win.**

Rookie Divock Origi saves the day in the 88th minute

Twice now, Belgium has relied on a late revival boosted by stamina and its bench to turn desperate situations around at the World Cup. On Sunday, it was teenager Divock Örigi who turned a listless Belgian performance into a late 1-0 win over Russia, enough to qualify for the next round.

Belgium barely tained a reinvigorated Russia for most of the match, yet struck with a blistering late spurt of class and opportunism to turn a bad situation into a wild, fistpumping celebration for coach Marc Wilmots and his team in the 88th minute.

Why were we good in last 10 minutes? Simple the others were tired," said Wilmots. "The Russians were so tired they looked at their feet, and it offered us chances to counter.'

After its dour 1-1 draw with South Korea, Russia produced the kind of sparkle and dominance that had been more expected from Belgium in front of 73,819 increasingly restless fans at Maracana stadium.

With Belgian King Philippe looking on, substitute Kevin Mirallas hit a free kick against the post in the 84th minute, setting off the



Belgium's Eden Hazard, left, is challenged by Russia's Dmitry Kombarov during the group H World Cup soccer match



amazing turnaround. At first it appeared as if late flashes from Eden Hazard would only camouflage a dismal performance.

But then the playmaker

made a move into the area on the left and spotted Origi free in the centre. A pinpoint pass from Hazard and a cool right-foot finishing from the 19-year-old Origi gave Belgium the victory.

"Nobody could have thought this possible," said Origi, who was only called into the squad because No. 1 striker Christian Benteke injured his Achilles in April.

Most of Belgium barely knew of the talented young player, who had been developing quickly for Lille in

the French league.

Belgium didn't play with any real authority for most of the game on a sunny afternoon in Rio, confounding predictions that it should be one of the teams to watch at the World Cup.

Instead, it was Russia that applied most pressure in the second half and was let down by its blunt finishing touch. That helped give Belgian goalkeeper Thibaut Courtois his 100th professional clean sheet at age 22. THE ASSOCIATED PRESS

# In injury time. Portugal gets a lifeline, denies U.S. spot in second round

Varela headed in an equalizer in injury time to salvage a 2-2 draw for Portugal against the United States at the World Cup on Sunday and deny the Americans a spot in the second round.

Cristiano Ronaldo swung in a cross from the right and Varela thumped a header into the net to keep Portugal alive in the tournament.

Clint Dempsey had given the U.S. the lead when he used his stomach to direct the ball into the net from a cross by Graham Zusi in the 81st minute.

Jermaine Jones equalized for the Americans earlier in the second half, after Nani gave Portugal an early lead.

A win would have put the U.S. into the second round,



but it can still advance with at least a draw against Germany in the next game. THE ASSOCIATED PRESS

# Against South Korea. Algeria claims first World Cup victory since 1982

First half strikes by Islam Slimani and Rafik Halliche helped Algeria to beat South Korea 4-2 on Sunday and become the first African team to score four goals in a World Cup match.

Algeria led 3-0 at halftime, but withstood a stronger South Korean second half performance to claim its first World Cup win since 1982 and move into second place in Group H with one match left to play.

Defeat for South Korea means it must now beat already-qualified Belgium to stand a chance of progressing to the knockout stages. BelAt halftime, 3-0

#### "The first period was almost perfect."

Algeria's coach Vahid Halilhodzic

gium leads with six points, Algeria now has three, while Russia and the South Koreans have one apiece.

"Our defence wasn't as good as it should have been,' South Korea coach Hong Myung-bo said. "We will now do our best to the very end of the competition. That's the only option we have left."

THE ASSOCIATED PRESS

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BY KELLY ANN BUCHANAN

#### ↑ Aries

March 21 - April 20

This will be one of those weeks when, if you sit back and relax, spend quality time with friends and just generally let things happen, life will be perfect in every possible way.

#### **Taurus** April 21 - May 21

Friends and relatives will do what you ask if you ask nicely. Also, if there is something you know they desire and you are in a position to get it for them then go for it.

#### **∐** Gemini May 22 - June 21

This is potentially one of the best days of the year for you as Venus moves into your birth sign. Good things will come at you from all directions, which may be overwhelming.

#### **9** Cancer

June 22 - July 23

No matter how bad your current situation might appear to be, don't make an issue of it. Something positive is about to happen in your life but to make the most of it you must be positive too.

#### $\mathbf{\Omega}$ Leo

July 24 - Aug. 23

Friendships are under excellent stars today, so if you are bored with your home life or your work seek out people who make you feel glad to be alive.

#### **W** Virgo Aug. 24 - Sept. 23

Venus, planet of harmony, crosses the career angle of your chart today, so you should find it a whole lot easier to get your way with people in positions of power. By the end of the day they will be eating out of your hand.

MAX: 22

#### 📤 Libra

Sept. 24 - Oct. 23

You will be in an adventurous mood and that's good because the planets suggest if you go where you have never been before you will meet someone who lights up your life.

#### M Scorpio

Oct. 24 - Nov. 22

You may be a bit touchy where money and possessions are concerned but the planets indicate you have precious little to worry about, so lighten up and believe that it will all come right in the end.

#### **プ Sagittarius** Nov. 23 - Dec. 21

Everyone seems to be singing your praises but your number one priority should be helping someone else feel special. A loved one is feeling a bit neglected, so go out of your way to spend time with them.

#### り Capricorn Dec. 22 - Jan. 20

Try not to make too much of a fuss if someone with whom you live, work or do business makes a mess of what they do today. Make allowances and make sure, if it's important, you do it yourself next time.

#### Jan. 21 - Feb. 19

Venus, planet of harmony, moves into the most creative area of your chart today, so it's unlikely you will want to be too serious about, well, just about anything.

#### H Pisces

Feb. 20 - March 20

You may not agree with what a friend or family member is going to do but they have made up their mind about it so you might as well give them your support. SALLY BROMPTON

#### Crossword: Canada Across and Down

20

40

43

66

69

#### Across

1. Modern day witchcraft

6. "I shall never see lovely as..." - Joyce

\_\_\_ Kilmer

11. Guys

14. \_\_ water 15. Greek holiday island

16. Chopper

17. Muskokas locale of the Bethune Memorial House National Historic Site

of Canada 19. \_\_-d'Or, QC 20. Not all

21. Li'l political title 22. Beatles: "

24. \_\_-dieu (Praying furniture piece) 26. Edmonton:

The Live Improvised Soap Opera

29. Toronto attraction, Ontario Centre

32. "More after!", texting-style

33. Wear away 34. \_\_ Ness Monster 36. Recipe meas.

40. Paul McCartney's Was Lonely"

41. "Nope." 42. Type of healing technique

... \_\_\_ miracle!" 44. Split 45. \* 45. Actor Alan

46. Actress Teri 48. Kate Middleton's 50. Loonie's competition: acr. + wd.

56. Dawn goddess

58. Actress Ms. Thompson

61. Deplete 62. Vintage bathroom

54. Josh Groban's "You Raise \_\_\_": 2 wds. 55. Russian pancake

marshal 70. Turkish city

hrs.

blood

62

67

70

feature: 2 wds.

66. Toronto summer

67. Ancient myth's

68. Tea type 69.Napoleonic†Wars

71.Tambourine, e.g.

41

#### Down

1. Mannequin manes 2. Small obi accessory 3. Edmonton nickname, 'The City of \_\_'

42

45

68

4. Kind of horsedrawn transport at Remington Carriage Museum in Cardston, AB: 2 wds.

...her initials-sharers 10. Fletcher Christian's uprising

0 4 5

5. Consumed

6. Tooth complaint 7. Hammer

8. Ex-Bruin Bobby 9. Carmela's portrayer

on "The Sopranos" 11. Singer Ms. Staples 12. Glorify

13. Ms. Furtado

18. Itsy-bitsy bit of

a min. 23. Toronto-born

actor grandfather (b.1883-d.1950) of actress Anjelica: 2 wds.

25. Bellybutton type

27. Scratched

28. Ordinal suffix 29. Quasi

30. 'Pluto' suffix (Rich ruler)

31. Alberta village, The Friendly Com-

munity' 35. Paddle

37. Cycling routes: 2 wds.

38. Water \_\_ (Summertime gear)

39. Brooches 42. Track event

44. Li'l old MTV show 47. Singer Ms. Keys , are you

49. "\_\_\_, \_\_\_, are you ready?" (Er, like, hurry up!)

50. Kelly Clarkson's "Since \_ \_ Gone" 51. England's "Run

Runaway" band 52. Simple song

53. Took trophy back

57. Canadian cellist Ms. Harnoy

59. Couple

60. "Two guys walk into\_

63. Math fractions acronym

64. '80s group 65. Sash

#### Friday's Crossword

ď	R	,E	۰,۷	'n		°E	c	°R	'n		ö	w	"i	138
°o	U	N	C	Ε		"b	0	N	C		"R	0	U	E
"A	В	0	R	1	°G	-1	N	A	L		"1	L	Ü	Е
			gΨ	G	R	E	T		ď	<sup>22</sup> S	E	F	U	L
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4	-	-	-		94			-		<b>₹</b>		-		-

# DEER NASS YMCAS

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

1	4	8	3	2	6	5	7	1
7	6	3	5	9	8	2	4	1
2	9	5	1	7	4	3	8	6
4	3	2	7	6	1	8	9	-
9	1	6	8	5	3	4	2	7
5	8	7	9	4	2	6	1	2
6	5	1	4	8	9	7	3	2
3	7	4	2	1	5	9	6	8
8	2	9	6	3	7	1	5	4

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3				6				7
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				4	9		5	

TODAY

THESDAY (🗻)

MAX: 24

MIN: 11

MAX: 22

WEDNESDAY













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